

2025 NJSIAA Football Test

1) As an official I am required to complete the Disqualification (DQ) form within 48 hours.

- A: True
- B: False

2) After a disqualification has taken place, I must notify the following:

- A. ☐ Player
- B. ☐ Coach
- C. ☐ Ad/Site supervisor
- D. ☐ All of the above

3) A DQ is the same as a game ejection?

- A. ☐ True
- B. ☐ False

4) Coaches/AD's are permitted to terminate a game at any time.

- A. ☐ True
- B. ☐ False

5) Which of the following eligibility checks do I need to complete before I can officiate a contest?

- A. ☐ Register with the NJSIAA
- B. ☐ Background check
- C. ☐ Pass the officials test
- D. ☐ Complete the concussion course
- E. ☐ Completed the Implicit bias course
- F. ☐ All of the above

6) The sportsmanship statement only needs to be read to the captains and coaches at varsity contests.

- A. ☐ True
- B. ☐ False

7) According to the NJSIAA rules regarding leaving the bench area, if an official sees a player that has left the bench but does not participate in any unsportsmanlike behavior, the player should not receive a DQ.

- A. ☐ True
- B. ☐ False

8) The NJSIAA will use video from a contest for the following reasons:

- A. ◇ To ensure that disqualifications are correctly identified
- B. ◇ To identify if a violation of our sportsmanship policy has occurred
- C. ◇ To correctly identify players that have left the bench
- D. ◇ All of the above

9) Based on the NJSIAA's Conflict of Interest Policy, Officials should not accept any assignments if the following applies to them

- A. ◇ You are currently employed in the school district
- B. ◇ You have been employed in the school district within the past 10 years
- C. ◇ You have a close relative who is employed in the school district
- D. ◇ You have a child attending any school within the district
- E. ◇ All of the above

10) When noticing a student wearing illegal jewelry or hair adornments, the Official should immediately talk to the head coach only

- A. ◇ True
- B. ◇ False

11) When a backward pass by A1 is muffed in his own end zone by A2 and rolls out of bounds at team A's five yard line, the result is:

- A. ◇ Touchback.
- B. ◇ Safety.
- C. ◇ Snap from team A's five yard line.
- D. ◇ Snap from the previous spot.

12) Which of the following must occur in order for post-scrimmage kick penalty enforcement to apply?

- A. ◇ The foul must occur after the kick ends.
- B. ◇ The ball must cross the neutral zone.
- C. ◇ Team K must have possession of the ball when the down ends.
- D. ◇ The play must be a punt, successful field goal or successful try.

13) R1 gives a valid fair-catch signal at his 35 yardline. The ball bounces off his shoulder pad and is still in flight behind him.

- A. ◇ R1 no longer has protection from contact.
- B. ◇ R1 only has protection if the covering official rules he has a reasonable chance to catch the ball.
- C. ◇ R1 only has protection if the covering official rules he has a reasonable chance to recover the ball.
- D. ◇ If any team K player catches or recovers the ball, he may advance.

14) When a forward fumble by team A from its own end zone rolls into the field of play and across the sideline, the result is:

- A. ◇ Touchback.
- B. ◇ Safety.
- C. ◇ Ball spotted where the fumble was ruled out of bounds.
- D. ◇ None of the choices are correct.

15) Team A is in a normal scrimmage formation. All five of team A's interior linemen lock legs.

- A. ◇ No problem.
- B. ◇ Locking legs is illegal under any circumstance.
- C. ◇ The snapper & the player(s) on either side may lock legs, but no other linemen may do so.

16) A12 enters the field as a substitute and joins team A's huddle. Two seconds later, the huddle breaks up and A1 jogs to his sideline without hesitation. He enters the team box as team A is calling offensive signals.

- A. ◇ No problem.
- B. ◇ Illegal substitution; team A cannot have 12 players in the huddle.
- C. ◇ Illegal participation; having 12 in the huddle is considered using substitution to deceive.

17) Fourth and 10 at team R's 32 yardline. K1's attempted field goal is successful. R2 is flagged for holding while the ball is in flight.

- A. ◇ Team K may only have the penalty enforced from the previous spot and replay the down.
- B. ◇ Team K may only keep the points and have the penalty enforced on the succeeding kickoff.
- C. ◇ Team K may have the penalty enforced from the previous spot and replay the down or keep the points and have the penalty enforced on the succeeding kickoff.
- D. ◇ The penalty must be declined in order to keep the points.

18) During a run by A1, A2 is holding B3. Thereafter, A1's fumble is recovered by B4, who advances for a touchdown. While the ball was loose during A1's fumble, B5 is flagged for a blindside block.

- A. ◇ Team B may keep the touchdown by declining the penalty for A2's hold. The penalty for B5's block is enforced on the try.
- B. ◇ Team B may decline the penalty for A2's hold. The penalty for B5's block is enforced from the spot of the foul and team B starts a new series after enforcement.
- C. ◇ The penalties cancel and the down is replayed.

19) Fourth and goal on team B's 20 yardline. As A1 crosses team B's five yardline, an official signals a touchdown but does not blow the whistle. A1 crosses the goalline.

- A. ◇ The ball is considered dead when the official signals; it's team A's ball on its own five yardline.
- B. ◇ The inadvertent signal is the same as an inadvertent whistle; team A may replay the down or choose the result of the play.
- C. ◇ The signal is ignored; touchdown for team A.

20) When a forward fumble by A1 enters team B's end zone and is ruled out of bounds there, the result is:

- A. ◇ Touchback.
- B. ◇ Safety.
- C. ◇ Touchdown.
- D. ◇ Ball returns back to spot of fumble

21) The basic spot is the previous spot unless Rule 8-5-2c applies for a foul by A or B when the related run ends behind the line of scrimmage when there is no change of possession.

- A. ◇ True
- B. ◇ False

22) The jerseys of the home team shall all be the same dark color(s) that clearly contrasts with white.

- A. ◇ True
- B. ◇ False

23) The ball can have commercial advertising added to the surface of one of the panels.

- A. ◇ True
- B. ◇ False

24) A player or nonplayer can trip an opponent.

- A. ◇ True
- B. ◇ False

25) A player is no longer defenseless once the player's physical position and focus of concentration no longer makes the player especially vulnerable to injury.

- A. ◇ True
- B. ◇ False

26) A Team B player may use locked hands to ward off an opponent who is blocking him or attempting to block him.

- A. ◇ True
- B. ◇ False

27) A punt may be used as a free kick following a fair catch.

- A. ◇ True
- B. ◇ False

28) A foul is a rule infraction for which a penalty is prescribed.

- A. ◇ True
- B. ◇ False

29) Items that are attached to the tooth and mouth protector that do not serve a purpose and function in protecting the teeth or mouth will not be allowed starting in 2026.

- A. ◇ True
- B. ◇ False

30) A down ends when the ball next becomes dead.

- A. ◇ True
- B. ◇ False

31) 4/12, K-40. Punter K44 shanks the ball to his right and K88 catches the kick behind the neutral zone. He carries the ball to the R-45 where he is tackled.

- A. ◇ The ball belongs to Team K and the game clock starts on the snap.
- B. ◇ The ball belongs to Team K and the game clock starts on the ready.
- C. ◇ The ball belongs to Team R and the game clock starts on the snap.
- D. ◇ The ball belongs to Team R and the game clock starts on the ready.

32) 4/8, K-40. K88 is the first to touch the punt at the R-35 and the ball rolls out of bounds at the R-28. K29 is flagged for holding at the K-38.

- A. ◇ Because K29 committed a foul, first touching is ignored.
- B. ◇ Team R will take the ball at spot of first touching.
- C. ◇ R may accept the penalty and have it enforced at the spot of first touching.
- D. ◇ Team R will have the penalty enforced from the R-28

33) 4/1, K-23, R10 partially blocks the kick at the K-10. K24 recovers the ball at the K-28 and is tackled at the K-31

- A. ☐ K, 1/10, K-28
- B. ☐ K, 1/10, K-31
- C. ☐ R, 1/10, K-28
- D. ☐ R, 1/10, K-31

34) 4/10, R-35. It's a windy day and K2 punts the ball straight up in the air. The ball does not cross the line of scrimmage and R49 signals for a fair catch at the R-36. The ball hits the ground and R27 picks up the ball at the R-40 and advances to the goal line.

- A: Touchdown
- B: Foul for an invalid fair catch signal.
- C: Foul for an illegal fair catch signal.
- D: No foul, but the ball is dead when recovered.

35) Team A has used their allotted timeouts in the second half. Team A's head coach requests (and is granted) a coach-referee conference to discuss the application of a rule. The ruling is not changed.

- A. ☐ No foul
- B. ☐ Team A's head coach will be charged with unsportsmanlike conduct
- C. ☐ Team A's head coach will be charged with delay of game

36) Towels have to be the same solid color for each player if worn.

- A. ☐ True
- B. ☐ False

37) An offensive player (except the runner) shall not grasp or encircle any teammate to form interlocked blocking.

- A. ☐ True
- B. ☐ False

38) A player or other person is out of bounds when any part of the person is touching anything, other than another player or game official that is on or outside the sideline or end line, and that player remains out of bounds until returning to the field with any body part touching the field and no body part touching out of bounds.

- A. ☐ True
- B. ☐ False

- 39) For any free kick, a free-kick line, corresponding to a scrimmage line, is established for each team.**
- A. ◇ True
 - B. ◇ False
- 40) A defenseless player includes a receiver attempting to catch a pass.**
- A. ◇ True
 - B. ◇ False
- 41) 2/10, B-45. While running a pass route, A80 steps out of bounds at the B-30 to avoid B25. A80 comes back inbounds at the B-28 and catches a pass at the B-20 where he is downed.**
- A. ◇ No foul because A80 immediately reenters the field
 - B. ◇ Illegal touching; five-yard penalty and loss of down from the B-45
 - C. ◇ Illegal participation; 15-yard penalty from the B-28
 - D. ◇ Illegal participation; 15-yard penalty from the B-45
- 42) During the last play of the 2nd quarter, A scores a touchdown. During the play, before the touchdown, B25 grasps and twists runner A6's facemask. The clock expired during the play.**
- A. ◇ The facemask penalty may be enforced on the try, or on the kickoff to start the second half, regardless of who is kicking
 - B. ◇ The facemask penalty may be enforced on the try, or on the kickoff to start the second half only if A is the team kicking off to start the half
 - C. ◇ The facemask penalty must be enforced on the try
 - D. ◇ The facemask penalty must be declined for the touchdown to count
- 43) 2/10, B-35. A25 runs to the B-30 where he is downed. During the run, A75 is flagged for holding at the B-35. After the play, B55 is flagged for a late hit on A25.**
- A. ◇ The fouls offset. 2/10 from the B-35
 - B. ◇ Both fouls will be assessed and the down will be replayed. 2/5 from the B-30
 - C. ◇ Both fouls will be assessed. 3/5 from the B-30
- 44) 4/15, K-33. Punt receiver R42, standing at the R-25, points at the ball as it bounces along the ground. He does not make any waving motion. He then recovers the ball at the R-25 and advances to the R-39.**
- A. ◇ R, 1/10, R-39
 - B. ◇ R, 1/10, R-25
 - C. ◇ R, 1/10, R-20

45) A11 drops back in the pocket and sets up to pass. A11 is in passing posture when he is hit by B88 who contacts A11's knee with his shoulder while making a wrap-up tackle. A11 then pulls the ball in and goes to the ground because of being tackled by B88.

- A. ☐ No foul
- B. ☐ Personal foul, unnecessary roughness.
- C. ☐ Roughing the passer

46) Following a scrimmage kick by K1, the loose ball play ends when R1 touches the kick.

- A. ☐ True
- B. ☐ False

47) A player who is eligible at the start of the down remains eligible throughout the down.

- A. ☐ True
- B. ☐ False

48) Illegal participation can be a nonplayer foul.

- A. ☐ True
- B. ☐ False

49) Players are not required to wear knee pads.

- A. ☐ True
- B. ☐ False

50) Effective 2026, arm sleeves, whether attached to a shirt or unattached, manufactured to enhance contact with the football or opponent must meet the SFIA Specification at the time of manufacture.

- A. ☐ True
- B. ☐ False

51) A shift which is designed to cause B to encroach is a false start.

- A. ☐ True
- B. ☐ False

52) The team whose goal line is involved shall put the ball in play anywhere between the hash marks on its 25-yard line by a snap after a touchback and by a free kick after a safety.

- A. ☐ True
- B. ☐ False

- 53) When a forward fumble goes out of bounds or is ruled out of bounds between the goal lines, the ball shall be returned to the spot of the fumble.**
- A. ◇ True
 - B. ◇ False
- 54) On all free kicks, the game clock will start when the ball is marked ready-for-play.**
- A. ◇ True
 - B. ◇ False
- 55) Electronic audio or non-fixed video communication devices used to communicate with a player are not allowed during an outside 9-yard mark conference.**
- A. ◇ True
 - B. ◇ False
- 56) 4/2, R-40. During a scrimmage kick, K50 is flagged for holding. R30 catches the kick on the R-5 and is downed on the R-10. After the play is over, R70 shoves K50 to the ground.**
- A. ◇ R, 1/10, R-10
 - B. ◇ R, 1/10, R-5
 - C. ◇ R, 1/10, R-15
 - D. ◇ The fouls must offset and the down replayed
- 57) 4/10, A-30. K2 punts from an illegal formation. R30 catches the ball at the R-35 and returns it for a touchdown. The penalty for the illegal formation:**
- A. ◇ Is declined by rule.
 - B. ◇ Is obviously declined.
 - C. ◇ May only be enforced on the try.
 - D. ◇ May be enforced either on the try or succeeding kickoff.
- 58) 3/G, B-3. A10 takes the direct snap, fumbles at the B-2 and the ball rolls into the end zone. B51 recovers in the end zone. He attempts to run the ball out but is tackled in the end zone, the ball never coming back into the field of play. During B51's run B83 clips at the B-6.**
- A. ◇ B, 1/10, B-1
 - B. ◇ B, 1/10, B-3
 - C. ◇ B, 1/10, B-10
 - D. ◇ B, 1/10, B-20
 - E. ◇ Safety

59) 4/16, R-30. With holder K11 and kicker K2, Team K is in a legal scrimmage kick formation. K11 takes the snap and runs to the R20. R66 is flagged for directly running into the snapper. It will be K's ball:

- A. \diamond 4/6, R-20
- B. \diamond 4/1, R-15
- C. \diamond 1/10, R-15
- D. \diamond 1/10, R-10

60) 3/10, B-40. A8 pitches the ball backward to A33, who runs to the B-44 where he throws a pass. A82 catches at the B-42 and runs to the B-14 where he is hit and fumbles. The ball rolls toward the sideline, where B44, while on his knees contacting the sideline at the B-12, recovers the loose ball.

- A. \diamond A, 4/10, B-40
- B. \diamond A, 1/10, B-14
- C. \diamond A, 1/10, B-12